



I have put together a list of things to prepare you for your photoshoot. It will be hard to do everything on this list, but even accomplishing some of the list will give you great results.

Studio shoots are a lot of fun and natural smiles and laughter can make wonderful pictures, so I want you to be relaxed and to enjoy yourself. A two hour shoot will allow plenty of time for you to relax and try different outfits and poses.

For studio shoots I have a black, grey and white plain background, plus I have several mottled backgrounds. I have a studio stool and posing blocks. I do have a box of fancy dress outfits, fairy wings and tutus, a bubble machine, cuddly toys, hats and masks.

**Never hesitate to share your ideas with me!**

Be sure to eat something before you leave for your session so you're not hungry during the shoot. You will have more energy and look more focused throughout the shoot. This is especially important for children. A great idea would be to bring snacks but avoid chocolate or coloured items/drinks. You don't want to colour the lips, tongue or teeth or dirty the clothing.

**Try to get plenty of rest and hydration before your photo shoot. We don't want bags or red eyes.**

Have all your outfits planned out. Your favourite jacket, your best dress, or just your casual clothes. Clothes that you feel comfortable in. Shirts should be ironed, wrinkle-free clothing will help make your image much better. Bring as many outfits as you like so we can capture different looks..

**Your clothes should be free of logos. Try to choose colours that compliment your skin tone. Feel free to contact me to discuss wardrobe with your photographer before the shoot.**

Try to ensure all clothes are lint and hair free as much as possible.

**Come hair-ready and bring a brush, comb, etc for touching up during the shoot. If you want some instruction on makeup or would like a makeup artist, please don't hesitate to ask. Hair and Make-up professionals are recommended for best results and are available for an additional cost.**

If you are wearing makeup you want to achieve a natural even skin tone. Bring make up with you to touch up during the shoot.

**Be sure eyebrows are groomed, teeth are clean, and lips are not dry, moist lips always**

**look better. If necessary, please bring a lip balm/moisturizer with you.**

For men, all facial hair should be groomed. If you wish to have a few 'rough' shots and then shave to include a few shots with a smoother look, please bring your shaving kit and mention this before the shoot.

**Fingers and toes should be clean and groomed**

Bring any props with you. A hat, head wear, jewellery, shoes, handbag, dress up clothes. For children they favourite toys.

**If you see ideas in magazines, such as the way someone is standing, how they are wearing a hat, how some hands or feet have been photographed, that really attract your attention, feel free to bring those clipping or phone pics to your session.**